

The Rotary Club of Regency Park

Club Number 17650 – District 9510 – Chartered 1980 – ABN 50 754 712 409 (Incorporated in South Australia)
PO Box 294, Prospect, SA 5082 email: info@RegencyParkRotary.org.au Website: RegencyParkRotary.org.au

2023/2024 President: *Vic Isbester* Secretary: *Jack Pappin* Treasurer & Public Officer: *Russell Green*

Bulletin editor – *Jeff Cluse* – jeffcluse@gmail.com

Chartered on October 28, 1980

We usually meet weekly on the traditional Country of the Kurna people at
The Caledonian Hotel, 215 O’Connell Street, North Adelaide.

Tuesday 6:00 pm for 6:15 pm start

VISITORS ALWAYS WELCOME

BULLETIN – 14th of November 2023 #2170

Theme for 2023/24 – Create Hope in the World

Role	Wed 22 nd November Meeting #2171	Tues 28 th November Meeting #2172	Tues 5 th December Meeting #2173	Tues 12 th December Meeting #2174
Furniture	Russell Green	Russell Green	Russell Green	Russell Green
Welcome	Les Dennis	Mark Carter	Jack Pappin	Angela Ellis
Speaker	Youth	<u>Margie Steffens OAM,</u> B.Sc. Dent (Hons) ADDH, FICD	Peter Nicholls “Australia’s Peoples Gardener”	Hadi Jafari PP Rotaract
Subject	Youth night at Billes - Croydon	Oral Health Advocacy for Vulnerable and Marginalised Communities	Making the Rest of Your Life the Best of Your Life	Why Nations Fail
Speaker Host	Mark Streich	Angela Ellis	Steve Brown	Jeff Cluse
Raffle	Dale Davey- Starr	Dale Davey-Starr	Dale Davey-Starr	Dale Davey-Starr



Birthdays - November

Karen Cluse 22nd November, Susanne Rogers 27th November.

Notes from Meeting #2170 – 14th of November.

This week our club meeting with President Vic Isbester in charge.

**HAVE YOU BOOKED TO WALK ON 25TH NOVEMBER ROTARY SAYS
NO TO DOMESTIC VIOLENCE – A NUMBER OF CLUB MEMBERS
HAVE – THERE IS LESS THAN A WEEK TO GO.**

www.StopCoerciveControl.au

<http://stopcoercivecontrol.au/about-the-parade/groups-register-for-the-parade>

Invite family and friends to walk with us under the Rotary Club of Regency Park banner.

The walk is free.

Book online now to walk behind the Regency Park banner.

Angela and Drew Ellis are still OS.

Apologies from Jeff (In Canberra for the official launch of the “Rotary Says No to Domestic Violence), Russel Green – Covid, Les – arrived late as previous meeting finished early.

Rhonda’s 5-minute presentation.

Rhonda gave a very interesting '5 minute' spot explaining three occasions over many years when she had 'interactions' with people who claimed clairvoyance ability. On each occasion they seemed to have the ability either to predict some future circumstances in her life or interact with deceased family members who had specific knowledge about events that would be extremely unlikely to have been known to anyone else. While she remains cautious and aware of the possibility of other explanations, she remains very open minded to the possibility of such things as a spiritual world, other universes etc. Those present really enjoyed the open way that Rhonda shared her experience.



Rhonda and Vic

President Vic and Jack Pappin (Secretary and Swapmeet coordinator) reported on the event held on Sunday November 12. The final profit was reported as \$1773.27 and while it did involve a lot of work and a very early morning start, it was regarded as a good example of 'teamwork' and what it may take 3 or 4 weekday 'Bunnings' to raise. It was welcome to have the assistance of Martine who had attended the previous club meeting and Ashleigh Lorraine's grandson who was seeking volunteer experience for a school project. There will be a debrief to discuss 'lessons learned' from this event.



Well? What can you say?

AGM

The club annual AGM electing/nominating the team for the 2024/25 year was followed by the November Board Meeting at which the funds were committed to assisting International Nepal Fellowship's response to the recent earthquake in Western Nepal.

Brian Wheatley was elected as President Elect and President for 2024-25 – congratulation Brian.

Club Business

Vic Isbester – Club President.

Christmas Dinner – To be held at the Caledonian Hotel – date Sunday 17th December 2023 – Time tba.

Ron Rogers – Chair Membership.

Club Promotion Plant 4 Bowden – will now be in February 2024.

Les Dennis – Club Admin Chair.

Wednesday 6 December Anglicare BBQ: TBA

Home Maker classes to start in November for Domestic Violence victims. Russell and Mark C to assemble tool kits for the participants.

Mark Streich – Youth Chair.

Youth night Wednesday 22nd Nov (in lieu of Tuesday night) at Billies Table in Croydon plus RYLA attendees.

You are invited to an evening at:-

Billy's Table, in Croydon @ Elizabeth st, on 22/11/23@ 6pm for a 6.30 start, parking is free in the streets around Elizabeth st.

Name tags for the Guests will be distributed upon arrival.

I will approach local businesses re donations to be used as a door prize

On this night and after an invocation to The Young Future Rotarians of the world, I will explain meal and drink arrangements and hand over to President Vic for a welcome and any urgent Rotary business. I will introduce our guests and will outline the nights programme. I will ask them to tell us about the activities that our club has sponsored them to attend over the last few years.

They have all been involved in activities provided by Ryla, RYPEN, the One and All or NYSF. I ask for our guests to share their expectations, experiences, what they are doing now and plans for the future. I will invite people that have provided or facilitated these activities to say a few words about their roll in these programs. I have spoken to the restaurant and they are able to provide set and individualised meals from \$15-\$30 but need to know numbers to be able to prepare [see link below] The club is prepared to subsidize our young guest's meals to \$20/ head

Once our meals are over some questions for our guests may be asked.

I want this to be an enjoyable experience and as easy and flexible as appropriate (the plan may need Suttle modifications depending on circumstances and the delivery of meals).

<https://www.billystable.com.au/menu-1>

Confirm your attendance with Les and Mark.

Jack Kelso – Community.

Jack Kelso reported that Rose Darling of CHATS, Port Adelaide, had been recognised nationally for being a 'Kind Person' and that this had been reported on Channel 7 News.

Steve Brown – Environment.

Steve is considering club member to travel with him to Samoa to meet with the Rotary Club of Samoa and be involved in some local projects-

Jeff Cluse – District Chair for Partnerships.

We have agreed to once again pick up Christmas Hampers for Western Adelaide Domestic Violence Service. This is the organisation we did some repair work at Woodville area.

The pickup will be on Saturday 2nd December 10.00am - LIFE ADELAIDE, 5 Maxwell Road, POORAKA.

We are picking up 100 Hampers and delivering to Woodville area – address to be provided.

I will be taking the clubs large trailer (plus my back seat) which will take about 80 Hampers, **so I need assistance from someone** who can tow a trailer and hopefully provide a 6 x 4 type trailer.

Please contact me ASAP if you can help.

Dates for Our Calendars – new addition in green

18 th November (Saturday)	Norwood Christmas Pageant – 8 to 11.30
25 th November (Saturday)	Rotary Says No to Domestic Violence walk. 9am to 12pm
25 th & 26 th November (Sat & Sunday)	Semaphore Carousel – 11am to 6pm
6 th December (Wednesday)	BBQ – AngliCare Housing Christmas event
8 th December (Friday)	Ripples Launch – PAE – see attached PDF
10 th December (Sunday)	Bike Toy Run – 8.00am to 11am
14 th December (Thursday)	Bunnings BBQ
17 th December (Sunday)	Regency Park Christmas Show.

Come Along and Join the Friday Morning 'Walking & Talking' Group

It usually starts outside the Barton Terrace entrance of the Caledonian Hotel at 7:45 am. BUT...
For weekly information please contact Russell Green at rusgreen@bigpond.net.au.

Come for a walk, stay for a coffee and chat.



The Four-Way Test

of the things we think, say or do



Is it the **truth**?
Is it **fair** to all concerned?
Will it build **goodwill** and **better friendships**?
Will it be **beneficial** to all concerned?

Jeffs trip to Canberra for the official launch of "Rotary Says No to Domestic Violence" at Parliament House.



The team in the foyer



The team in the garden area



David Harmon and team, Minister & Police Commissioner



Jeff and David Harmon

JOKE OF THE WEEK.

A glass of wine

To my friends who enjoy a glass of wine and those who don't and are always seen with a bottle of water in their hand:

As Ben Franklin said:

**In wine there is wisdom,
In beer there is freedom,
In water there is bacteria.**

In a number of carefully controlled trials, scientists have demonstrated that if we drink 1 litre of water each day, at the end of the year we would have absorbed more than 1 kilo of Escherichia coli, (E. Coli) - bacteria found in faeces.

In other words, we are consuming 1 kilo of poop annually.

However, We do NOT run that risk when drinking wine & beer

(or rum, whiskey or other liquor)

because alcohol has to go through a purification process of boiling, filtering and fermenting.

Remember:

Water = Poop,

Wine = Health

Therefore, it's better to drink wine and talk stupid, than to drink water and be full of #.

There is no need to thank me for this valuable

information:
I'm doing it as a public service_