

## The Rotary Club of Regency Park

Club Number 17650 – District 9510 – Chartered 1980 – ABN 50 754 712 409 (Incorporated in South Australia)  
PO Box 294, Prospect, SA 5082 email: [info@RegencyParkRotary.org.au](mailto:info@RegencyParkRotary.org.au) Website: [RegencyParkRotary.org.au](http://RegencyParkRotary.org.au)

2023/2024 President: *Vic Isbester* Secretary: *Jack Pappin* Treasurer & Public Officer: *Russell Green*

Bulletin editor – *Jeff Cluse* – [jeffcluse@gmail.com](mailto:jeffcluse@gmail.com)

Chartered on October 28, 1980

We usually meet weekly on the traditional Country of the Kurna people at  
The Caledonian Hotel, 215 O’Connell Street, North Adelaide.

Tuesday 6:00 pm for 6:15 pm start

**VISITORS ALWAYS WELCOME**

## BULLETIN – 5<sup>th</sup> of December 2023 #2173

Theme for 2023/24 – Create Hope in the World

Role	Tues 12 <sup>th</sup> December Meeting #2174	Sun 17 <sup>th</sup> December Meeting #2175	Tues 9 <sup>th</sup> January Meeting #2176	Tues 16 <sup>th</sup> January Meeting #2177
<b>Furniture</b>	Russell Green	Russell Green	Russell Green	Russell Green
<b>Welcome</b>	Angela Ellis	Angela Ellis	Les Dennis	John Goodridge
<b>Speaker</b>	Hadi Jafari PP Rotaract	Santa	Ron Rogers	Pres Vic
<b>Subject</b>	<b>Why Nations Fail</b>	<b>Christmas Show Caledonian Hotel Time 12 noon Invites being sent out</b>	<b>Loud Shirt Night</b>	<b>Club Forum</b>
<b>Speaker Host</b>	Jeff Cluse	Santa	Vic	Vic
<b>Raffle</b>	Dale Davey-Starr	Dale Davey-Starr	Dale Davey-Starr	Dale Davey-Starr



### Birthdays - November

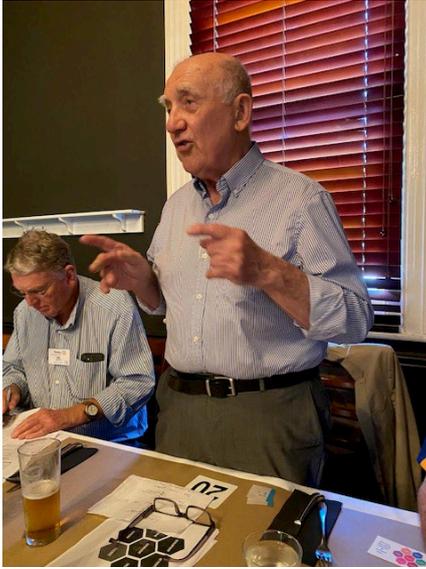
Lumaava Elise Brown 9<sup>th</sup> December, Jane Opio 15<sup>th</sup> December,

### **Notes from Meeting #2173 – 5<sup>th</sup> of December.**

This week our club meeting with President Vic Isbester in charge.

### **Guest Speaker.**

### **Peter Nicholls.**



Peter Nicholls



Vic and Peter

### **Subject – Peter Nicholls – Life Mentor.**

Our Les and Peter met many, many years ago when they both worked for the Government. People leave 80% of what they love doing at the office door on Monday mornings when they re-enter the office or workplace.

Peter left a comfortable job with the Federal Treasury in Canberra to take on Recreation Planner. He took on the new role because he was passionate about it. Peter tried to improve people's recreation situation – What do you like in your life (and work) and how to improve it.

Peter work with organisation ie Bike Riders – and how he could help improve their recreation experiences.

Peter is now a "Life enjoyment mentor".

5 things happen every time you are enjoying yourself.

1/ Switched your mind on, 2/ Energizing, 3/ Self Esteem, 4/ Enrich your life, 5/ Infects people around you.

Every time you enjoy yourself it usually stays for the rest of your day.

Only you can confirm what you enjoy – you are in control of what you enjoy.

7 tips – all will interact with each other – the one in the middle Enjoyment factor.

1/ Be positive, 2/ Talents, 3/ Energy, 4/ Passion, 5/ Connecting, 6/ Development.



## Club Business

**Vic Isbester** – Club President.

**Christmas Dinner** – To be held at the Caledonian Hotel – date Sunday 17<sup>th</sup> December 2023 – Time noon.

**Angela Ellis** – IPP AG.

The club has agreed to support Adelaide Central with the West Torrens Festival, as we did last year by providing our BBQ Trailer on Saturday 6<sup>th</sup>, 13<sup>th</sup> & 20<sup>th</sup> from approximately 5.00pm. The council provides an open air movie in the park on Brooker Tce, Richmond. Adelaide Central will provide all the food and drinks. We to provide the BBQ Trailer and a couple of helpers. Contact Angela if you are available.

**Ron Rogers** – Chair Membership.

Invite friend and family to a club meeting.

**Club Promotion Plant 4 Bowden** – will now be in February 2024.

Carolla Capers Calendar for 2024 is now available – see Ron.



Who's the pretty boy, then Mr Rogers?

### **Dates for Our Calendars – new addition in green**

<b>10<sup>th</sup> December (Sunday)</b>	<b>Bike Toy Run – 8.00am to 11am</b>
<b>14<sup>th</sup> December (Thursday)</b>	<b>Bunnings BBQ</b>
<b>17<sup>th</sup> December (Sunday)</b>	<b>Regency Park Christmas Show.</b>
<b>6<sup>th</sup> January (Saturday)</b>	<b>West Torrens Summer Festival – week 1</b>

9 <sup>th</sup> January (Tuesday)	First Night Back
13 <sup>th</sup> January (Saturday)	West Torrens Summer Festival – week 2
20 <sup>th</sup> January (Saturday)	West Torrens Summer Festival – week 3
16 <sup>th</sup> January (Tuesday)	Club Forum

**Come Along and Join the Friday Morning 'Walking & Talking' Group**

It usually starts outside the Barton Terrace entrance of the Caledonian Hotel at 7:45 am. BUT...  
 For weekly information please contact Russell Green at [rusgreen@bigpond.net.au](mailto:rusgreen@bigpond.net.au).

Come for a walk, stay for a coffee and chat.



**The Four-Way Test**  
 of the things we think, say or do.

Rotary



Is it the **truth**?  
 Is it **fair** to all concerned?  
 Will it build **goodwill** and **better friendships**?  
 Will it be **beneficial** to all concerned?

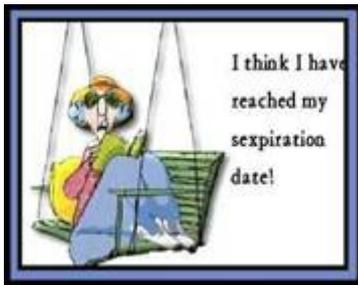
## JOKE OF THE WEEK.

Thanks Angela for the Jokes you sent.

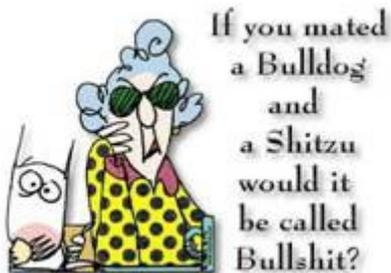
1. My husband and I divorced over religious differences. He thought he was God, and I didn't.
2. I don't suffer from insanity; I enjoy every minute of it.
3. Some people are alive only because it's illegal to kill them.
4. I used to have a handle on life, but it broke.
5. Don't take life too seriously; No one gets out alive.
6. You're just jealous because the voices only talk to me
7. Beauty is in the eye of the beer holder.
8. Earth is the insane asylum for the universe.
9. I'm not a complete idiot -- Some parts are just missing.



10. Out of my mind. Back in five minutes.
11. God must love stupid people; He made so many.
12. The gene pool could use a little chlorine.
13. Consciousness: That annoying time between naps.



14. Ever stop to think and forget to start again?
15. Being 'over the hill' is much better than being under it!
16. Wrinkled Was Not One of the Things I Wanted to Be When I Grew up.



17. A hangover is the wrath of grapes.
18. A journey of a thousand miles begins with a cash advance.
19. Stupidity is not a handicap. Park elsewhere!
20. They call it PMS because Mad Cow Disease was already taken.
21. He who dies with the most toys is nonetheless DEAD.
22. Ham and eggs a day's work for a chicken, a lifetime commitment for a pig.
23. I smile because I don't know what the hell is going on.

Appreciate every single thing you have, especially your friends!  
Life is too short, and friends are too few!