



Walk For Mental Health

The 5th Walk proudly arranged by the Rotary Clubs of Eastwood and Regency Park
What better way to enjoy a Sunday morning on **13th October 2024**

Walk and Chat with friends as you traverse the South East Parklands and Victoria Park at your own pace while raising Research Funds for **Australian Rotary Health***

Visit the Kangaroo sculptures overlooking the Wetlands



Walk the 150 year old Elm tree lined **CARRIAGEWAY**



and on to the **HIMEJI JAPANESE GARDENS**

The 1882 Bluestone **Grand Stand** should also not be missed



Then return to the start for a free Sausage Sizzle and a cuppa

Put the date in your diary now!

Registrations for the walk coming soon

**Participating Club funds credited to their ARH account*